

## Masterclass

### Masterclass on Grief Counselling - 'The Healing Touch'

Sujatha Suriyamoorthi

MOHAN Foundation, Chennai, Tamil Nadu, India

It is paramount that the families of potential organ donors view organ donation as part of end-of-life care and they are provided with adequate information to make informed choices about organ donation. This masterclass aimed to help the learners to understand conversations with grieving families, to equip them with the necessary skill sets to offer the option of organ donation with sensitivity and empathy, and to address the unique challenges faced within the context of organ donation and transplantation.

Masterclass on Grief Counselling - 'The Healing Touch' was hosted by MOHAN Foundation on November 4 & 5, 2023 at Chennai. 12 participants from Chennai, Erode, Coimbatore and Mumbai attended the Masterclass, which was supported by the SBI Foundation and SBI Card.

The masterclass included the lectures on:

- Breaking bad news
- Approaching families for organ donation
- Deceased organ donation process
- Coordinating MLC cases
- Difficult donations - Counselling challenges
- Counselling living donors and caregivers
- Deceased organ donation - Legal framework

The masterclass featured engaging activities, such as:

- Role-plays - Simulated interactions which allowed participants to practice realistic and difficult conversations with grieving families



Team building exercise moderated by Mrs. Lalitha Raghuram (Country Director, MOHAN Foundation)



Participants engaged in an activity on organ donation pathway

- Deceased organ donation : Pathway - Emphasized the step-by-step process to ensure a seamless and successful organ donation
- Team-building exercises - Activity fostering collaboration and effective communication among the team members
- Coordinating medico-legal cases - An interactive quiz focussed on understanding medico-legal cases and coordinating such procedures
- Frequently asked questions - Addressing these questions effectively ensures that the recipients, donors, and caregivers are well-informed and feel more comfortable with the decision-making process and the journey ahead



Coordinating Medico Legal Cases (MLC) by Mr. A Johnson (Senior Manager - Transplant, Apollo Hospitals)



Dr. K Sudeep Kumar (Pediatric intensivist, Kanchi Kamakoti CHILDS Trust Hospital), discussing breaking bad news

**Corresponding Author:** Dr. Sunil Shroff, MOHAN Foundation, Chennai, Tamil Nadu, India  
**Email:** shroff@mohanfoundation.org

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