

Training Program

Post Graduate Diploma in Transplant Coordination and Grief Counselling – 2021 Batch

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The 2021 batch of the one-year online 'Post Graduate Diploma in Transplant Coordination and Grief Counselling' successfully completed their course in December 2021. A total of 34 participants from diverse professions from India and Botswana completed the course.

As part of the course, contact sessions were conducted virtually using the Zoom platform. The sessions focused on the counselling process, approaching grieving families for organ donation, soft skills for transplant coordinators, communication skills in healthcare management, resolving conflict and stress-proof oneself, transplant law in India, the role of a transplant coordinator in the deceased donation and living donor transplant coordination. The webinars also involved activities like quizzes and discussions that kept the participants engaged in the learning process.

The faculty for the webinars included

- Mr. K. Veerapandian (Consultant Psychologist and Assistant Professor of Psychology, Banyan Academy of Leadership in Mental Health, Chennai)
- Dr. Suryakumari (Founder and President, The Academy of Life and People Skills, Chennai)
- Mr. Naveen Nandigam (CEO, 3N Training, Hyderabad)
- Mr. Sivakumar (Assistant General Manager - Liver Transplant Unit, Dr. Rela Institute & Medical Centre, Chennai)
- Ms. Bhavana Shah (Sr. Executive - Administration & Transplant Coordinator, Wockhardt Hospitals, Mumbai).

STAGES OF GRIEF

The diagram shows a circular process of grief stages: Denial, Anger, Bargaining, Depression, and Acceptance. Each stage is associated with specific feelings and actions. For example, Denial involves 'Refusal to accept facts' and 'Change in behavior'. Anger involves 'Blame others' and 'Vent with self'. Bargaining involves 'Make a deal with yourself' and 'Alleviate with deal of higher price'. Depression involves 'Sadness and Regret' and 'Sleeplessness and loss of interest'. Acceptance involves 'Face and Acceptance' and 'Acceptance of reality'.

Ms. Bhavana Shah, Sr. Executive – Administration & Transplant Coordinator, Wockhardt Hospitals, Mumbai

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Feedback

Lt. Col. Meenakshi Devi Sharma, Army Institute of Cardio-Thoracic Sciences (AICTS), Pune



I Lt. Col. Meenakshi Devi Sharma was part of PGDTC & Grief Counselling 2021 and with immense pleasure I am writing this feedback post completion of the course dated 25th December 2021. Please treat this as my gratitude towards the hard work team has done in order to impart the required knowledge.

Over all the course has imparted new knowledge to me and hopefully it will help me in my professional career. The course is well structured and coordinated well; it helped me to gain the required knowledge with ease. I'm feeling confident gaining the knowledge and would like to explore more professional opportunities in the area.

The slide shows five pillars of leadership: 1. Vision, 2. Integrity, 3. Credibility, 4. Empowerment, 5. Accountability.

Mr. Naveen Nandigam discussing the five pillars of leadership

Parable: "I might be able to find a bit of cabbage," one villager said. And off she went to her house, returning with a small cabbage she had stored away in her pantry. "Wonderful!" said the old man, as he added the cabbage to the pot. "This reminds me of the time I had stone soup with cabbage and a bit of salted beef. It was unbelievably good."

Healthcare Management & Communication by Dr. Suryakumari, Founder and President, The Academy of Life and People Skills, Chennai

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